

redbricks | school

P R E S E N T S

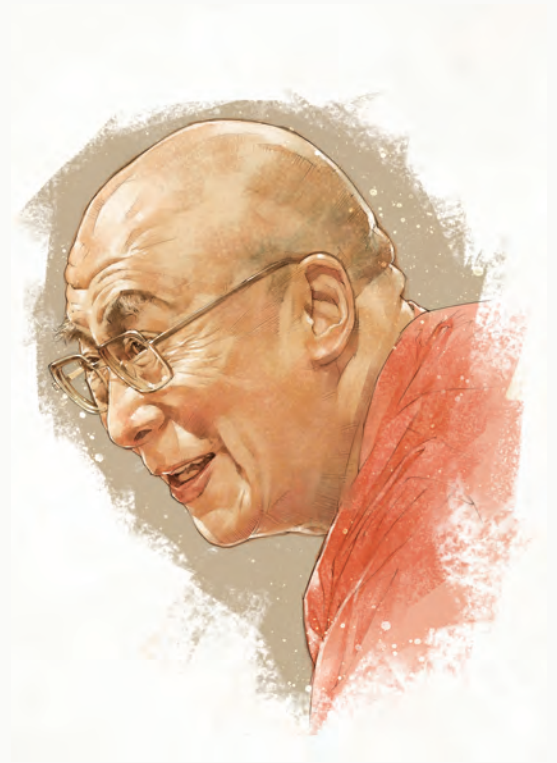


Celebrating  
Social & Emotional  
Learning

21<sup>st</sup> to 23<sup>rd</sup> January 2022

"When educating the minds of our youth,  
we must not forget to educate their hearts."

- *Dalai Lama*





## What is Social and Emotional Learning (SEL)?

Social and Emotional Learning (SEL) is fundamental to human development and education. It is the process of developing critical social and emotional competencies which benefit a person academically, professionally, and socially. SEL can also lead to stronger and more inclusive communities.<sup>1</sup>

<sup>1</sup>Source: <https://casel.org>

## According to CASEL,

"SEL is the process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions."<sup>2</sup>



<sup>2</sup> Source: <https://casel.org/fundamentals-of-sel/what-is-the-casel-framework/>



The COVID-19 pandemic has brought SEL to the forefront of discussion and practice in education. While the world is striving to get back to normalcy, we realize that all of us (children and adults both) need to be equipped with the internal strength and emotional intelligence to build back the social infrastructure of learning.

At Redbricks, a strong part of our mission is to nurture holistic individuals, and to advocate for best practices in education. The SEL Fest is our initiative to spread awareness about SEL amongst educators, children's families and caregivers as well as the larger community, during this crucial time in the history of education.



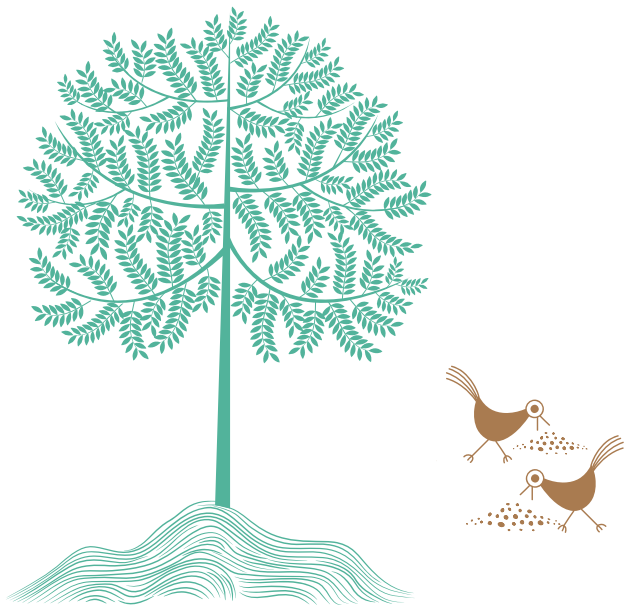
## 'SEL Fest': Event Background

**DATES: 21<sup>ST</sup> TO 23<sup>RD</sup> JANUARY 2022 (FRIDAY TO SUNDAY)**

**HOSTED BY: REDBRICKS SCHOOL, AHMEDABAD, INDIA**

The '**SEL Fest**' is a **fully virtual** community event organized by Redbricks School to promote social and emotional learning within education, parenting, and beyond to co-create a happier and connected world.

The event will engage young people and adults through a series of webinars and workshops with leading international and national experts from this field. There is no cost for participation in the event, however, registration is required and capacity would be limited for certain activities.



### Objectives:

- To spread awareness about the need and concept of social-emotional learning (SEL) amongst various stakeholders, especially amongst educators and families with children.
- To provide a safe platform to the community to express and explore their own SEL challenges and related experiences.
- To provide children, parents, educators and school leaders with concrete strategies for developing their own SEL competencies and applying them in their own personal and academic/professional lives.

## Audience:

- K-10 students (*for age-appropriate workshops mentioned in the schedule*)
- Educators working with K-12 students (for all webinars and adult workshops)
- K-12 School and Higher Education Leaders (for all webinars and adult workshops)
- Parents and families of children of all ages (for all webinars and adult workshops)
- College students and Professionals working in the areas of human development, psychology, and/or well-being (for all webinars and adult workshops)
- Anyone interested in the area of social and emotional learning

## Festival Experts:

The event will include a host of national and international experts from multiple disciplines such as *Educational research and practice, Human development, Psychology and Counseling, Art and Design, Storytelling, and Child safety.*

## Key Activities (Fully Virtual):

### For Children:

- Workshops (K-10 students)
- Interschool Authentic Leadership Team Challenge (Grades 7-10 Students)

### For Adults:

Webinars (Panel Discussions)  
and Workshops

### For All Ages:

**'Art from the Heart'** performances  
by Redbricks students and  
educators

#### Note:

- The Webinars and 'Art from the Heart' performances will also be showcased live on Redbricks social media handles.
- Capacity will be limited for the Workshops and Interschool Challenge. Seats will be allotted on a first come, first serve basis.
- Please see the next sections for program schedule, registration and more details.

## Activities at a Glance

For Children:	Pg.No
<b>AGE GROUP: 4 TO 10 YEARS (KINDERGARTEN TO GRADE 4)</b>	
<b>Workshop 1:</b> EXPLORING EMOTIONS THROUGH VISUAL ARTS	09
<b>Workshop 2:</b> BUILDING MIND AND BODY CONNECTION THROUGH MOVEMENTS	10
<b>Workshop 3:</b> EXPLORING EMOTIONS THROUGH STORIES	11
<b>AGE GROUP: 10 TO 16 YEARS (GRADES 5-10)</b>	
<b>Workshop 4:</b> LEARNING TO STAY SAFE ON CYBERSPACE	12
<b>Workshop 5:</b> BEYOND 'THE TALK': A COMPREHENSIVE APPROACH TO SEXUALITY EDUCATION	13
<b>INTERSCHOOL ACTIVITY (GRADES 7-10)</b>	
INTERSCHOOL AUTHENTIC LEADERSHIP TEAM CHALLENGE	14

## Activities at a Glance

For Adults	Pg.No
<b>Webinars</b>	
<b>Webinar 1:</b>	15
DEMYSTIFYING SOCIAL-EMOTIONAL LEARNING: <i>Insights from Global Educational Research and Practice</i>	
<b>Webinar 2:</b>	17
SEL WITHIN THE INDIAN EDUCATION CONTEXT: <i>The Need for Social and Emotional Learning in Our Schools</i>	
<b>Webinar 3:</b>	19
FOSTERING SOCIAL-EMOTIONAL LEARNING DURING EARLY CHILDHOOD	
<b>Webinar 4:</b>	21
SAFETY FIRST!: <i>Ensuring Children's Physical, Psychological And Digital Safety In The Changing Times</i>	
<b>Workshops</b>	
<b>Workshop 1:</b>	23
VALUING ARTS IN EDUCATION FOR CHILD ORIENTED PEDAGOGY	
<b>Workshop 2:</b>	24
BUILDING CHILDREN'S SEL MUSCLES: <i>A Play Perspective</i>	
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TANGO WITH EMOTIONS	
<b>Workshop 4:</b>	26
EMOTIONAL WELL-BEING FOR UNLIMITED HAPPINESS	

For All Ages	
<b>'Art from the Heart'</b> Performances by Redbricks Students and Faculty	27
<b>Opening and Closing</b> Reflections	

## Detailed Program Schedule

### Ages: 4 to 10 Years

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#### DAY 2: 22<sup>ND</sup> JANUARY 2022, SATURDAY

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##### CHILDREN'S WORKSHOP 1:

##### EXPLORING EMOTIONS THROUGH VISUAL ARTS

Children will experience, understand and express emotions through the medium of visual arts. They will also learn about and practice mindfulness through this workshop.

Time	Audience	Facilitators
10:00 to 11:00 am	4 to 6 year olds (Kindergarteners)	Redbricks School Faculty
11:30 am to 12:30 pm	6 to 8 year olds (Grades 1-2)	Redbricks School Faculty
2:00 to 3:00 pm	8 to 10 year olds (Grades 3-4)	Redbricks School Faculty



## Ages: 4 to 10 Years

### DAY 2: 22<sup>ND</sup> JANUARY 2022, SATURDAY

#### CHILDREN'S WORKSHOP 2:

#### BUILDING MIND & BODY CONNECTION THROUGH MOVEMENTS

Children will get an opportunity to explore, connect to and strengthen their body and mind connection, through expressive storytelling and dance movements. This workshop is open for everybody regardless of their physical abilities or dance experience.

Time	Audience	Facilitators
10:00 to 11:00 am	4 to 6 year olds (Kindergarteners)	<b>Zenobia Nankani</b> (Ahmedabad), Art Therapist and Counselor
11:30 am to 12:30 pm	6 to 8 year olds (Grades 1-2)	<b>Zenobia Nankani</b> (Ahmedabad), Art Therapist and Counselor
2:00 to 3:00 pm	8 to 10 year olds (Grades 3-4)	<b>Disha Trivedi</b> (Ahmedabad), Art Therapist and Educator



#### **Zenobia Nankani (Mumbai, India),**

**Art Therapist and Counselor:** Zenobia is a practicing Art Therapist and Counselor and has trained in Psychology and Art Therapy over a period of 5 years with Leila Tayebally, an art therapist from Ecole Beliard Stakovsky, Paris. She works with children and adults – parents, caregivers, families and educational institutions, corporate houses, and other groups of individuals.

Linkedin: <http://linkedin.com/in/zenobia-nankani-993b645>



#### **Disha Trivedi (Ahmedabad, India),**

**Art Therapist & Educator at Redbricks School:** Disha Trivedi is an arts-based therapist and Educator at the Redbricks School. With a background in the arts for over a decade, she believes that every child is born creative and wants to contribute and create opportunities to help develop their creative muscles.

## Ages: 4 to 10 Years

### DAY 3: 23<sup>RD</sup> JANUARY 2022, SUNDAY

#### CHILDREN'S WORKSHOP 3:

#### EXPLORING EMOTIONS THROUGH STORIES

Emotions are to be celebrated, expressed, to be accepted and understood. Rejoice with stories that celebrate emotions and help children understand and build emotional resilience.

Time	Audience	Facilitators
10:00 to 11:00 am	4 to 6 year olds (Kindergarteners)	<b>Ajay Dasgupta</b> (Pune), Co-Founder at The Kahani Project
10:00 to 11:00 am	6 to 8 year olds (Grades 1-2)	<b>Dipali Bhachech</b> (Ahmedabad), Storyteller at Storyhub
11:30 am to 12:30 pm	8 to 10 year olds (Grades 3-4)	<b>Ajay Dasgupta</b> (Pune), Co-Founder at The Kahani Project



#### **Ajay Dasgupta (Pune, India),**

#### **Co-founder at The Kahani Project and Storyteller:**

Ajay Dasgupta is a passionate storyteller who loves exploring stories with children of all ages. Children are everywhere - on footpaths, in bastis, in makeshift schools and housing societies, but where are the storytellers? Ajay Dasgupta likes to take his bag of stories out and about to all children no matter where. Through the Kahani Project, he is on a mission to make stories accessible to every child.

Website: <http://www.thekahaniproject.org>



#### **Dipali Bhachech (Ahmedabad, India),**

**Storyteller at storyhub:** Dipali has been a librarian for twenty-three years and is a certified storyteller. Over the years, she has understood the importance and power of storytelling. In her work with children and teachers, she has encouraged the use of stories to cultivate social-emotional competencies and to strengthen connections.

Linkedin: <https://www.linkedin.com/in/dipali-bhachech-9029628/>



## Ages: 10 to 16 Years

### DAY 2: 22<sup>ND</sup> JANUARY 2022, SATURDAY

#### CHILDREN'S WORKSHOP 4:

#### LEARNING TO STAY SAFE ON CYBERSPACE

Children will learn from a cybersafety experts about online safety and engaging in responsible behavior on cyberspace.

Time	Audience	Facilitators
10:00 to 11:15 am	10 to 13 year olds (Grades 5-7)	<b>Dr. Rakshit Tandon, Ph.D</b> (New Delhi, India), Head - Capacity Building - CyberPeace Foundation, Director - Hackershala
11:30 am to 12:45 pm	13 to 16 year olds (Grades 8-10)	<b>Dr. Rakshit Tandon, Ph.D</b> (New Delhi, India), Head - Capacity Building - CyberPeace Foundation, Director - Hackershala



**Rakshit Tandon, Ph.D (New Delhi, India),**

**Head - Capacity Building - CyberPeace Foundation, Director - Hackershala:** Dr. Rakshit Tandon Cyber Security Evangelist has experience of more than a decade in Security Domain Chairing and part of various Important Security Councils and Chapter. He played an important role contributing to the Child Online Protection in India Report by UNICEF.

Website: <http://rakshittandon.com/> | Twitter: <https://twitter.com/tandonrakshit>

## Ages: 10 to 16 Years

### DAY 2: 22<sup>ND</sup> JANUARY 2022, SATURDAY

#### CHILDREN'S WORKSHOP 5:

#### BEYOND 'THE TALK': A COMPREHENSIVE APPROACH TO SEXUALITY EDUCATION

This workshop serves to empower pre-teens and adolescents in successfully navigating confusing situations and change during their crucial developmental period. It will help them develop insight into how their choices impact their wellbeing and that of others, to take responsibility for their actions and learn to respect their rights and those of others.

Time	Audience	Facilitators
10:00 to 11:15 am	10 to 12 year olds (Grades 5-6)	<b>Redbricks School Faculty</b>
10:00 to 11:15 am	12 to 14 year olds (Grades 7-8)	<b>Anuja Amin</b> (Ahmedabad), Founder at Circles of Safety
11:30 am to 12:45 pm	14 to 16 year olds (Grades 9-10)	<b>Anuja Amin</b> (Ahmedabad), Founder at Circles of Safety



#### **Anuja Amin (Ahmedabad, India),**

**Founder at Circles of Safety:** Anuja Amin is a Post-Graduate in Human Resource Management from the London School of Economics. She founded Circles of Safety, an initiative to educate and empower children, teachers, parents and the community to prevent child sexual abuse.

Website: <https://www.circlesofsafety.com/> | LinkedIn: <http://linkedin.com/in/anuja-amin-648b9623>

Instagram: [https://www.instagram.com/circles\\_of\\_safety/?hl=en](https://www.instagram.com/circles_of_safety/?hl=en)

## Interschool Activity (Grades 7-10)

**DAYS 1 TO 3: 21<sup>ST</sup> JANUARY 2022, FRIDAY TO 23<sup>RD</sup> JANUARY 2022, SUNDAY**

### **INTERSCHOOL AUTHENTIC LEADERSHIP TEAM CHALLENGE (DAY 1)**

A team-based leadership challenge focused on real world problem-solving and responsible decision making, drawing on all the five SEL competencies (of CASEL), conducted through inquiry based pedagogy.

Time	Audience	Facilitators
2:00 to 4:30 pm	Grade 7 to Grade 10 Students (4 students/school team)	<b>Redbricks School Faculty</b>

## Adult Webinar

**DAY 1: 21<sup>ST</sup> JANUARY 2022, FRIDAY**

### WEBINAR 1:

#### **DEMYSTIFYING SOCIAL - EMOTIONAL LEARNING:** Insights from Global Educational Research and Practice

A panel discussion exploring the concept of Social-Emotional Learning (SEL) and its implication for children's learning, development and education through high-quality international research and practice.

Time	Audience	Facilitators
06:00 to 07:30 pm	Educators, Counselors, School Leaders, Parents and Families, Public and Private Sector Development professionals	<p><b>Experts:</b></p> <ul style="list-style-type: none"> <li>• <b>Christina Cipriano (USA)</b>, Ph.D, Director of Research at the Yale Center for Emotional Intelligence</li> <li>• <b>Johanna Järvinen-Taubert (Finland)</b>, Pedagogical director of Learning Scoop and Finnish Education Expert</li> </ul> <p><b>Moderator:</b></p> <ul style="list-style-type: none"> <li>• <b>Renita Handa (Ahmedabad)</b>, Ed.M. '22 candidate, Harvard University and Founder at Redbricks Education Foundation</li> </ul>



**Christina Cipriano, Ph.D (Massachusetts, USA),**

**Director of Research at the Yale Center for Emotional Intelligence:** Christina Cipriano is an Assistant Professor at the Yale Child Study Center and Director of Research at the Yale Center for Emotional Intelligence (YCEI). Dr. Cipriano's research focuses on the systematic examination of social and emotional learning (SEL) assessment and intervention to promote pathways to optimal developmental outcomes for marginalized student and teacher populations.

Website: <https://www.drchriscip.com> | LinkedIn: <https://www.linkedin.com/in/christinacipriano/>

Twitter: <https://twitter.com/drchriscip>



**Johanna Järvinen-Taubert (Pirkanmaa, Finland),**

**Pedagogical Director, Partner at Learning Scoop:** Promoting learning in various different ways and contexts has been the core of Johanna Järvinen-Taubert's work. She has worked as a teacher trainer and university researcher in the field of education. As a pedagogical director of Learning Scoop, Finland, Johanna Järvinen-Taubert has focused on training foreign teachers, students and education experts about Finnish education. Her mission is to share ideas and best practices with experts from other countries. She is also one of the editors and authors of the book Finnish Education in Practice – What, Why and How, published in 2021.

LinkedIn: <http://linkedin.com/in/johanna-jarvinen-taubert>



**Renita Handa (Ahmedabad, India),**

**Ed.M.'22 Candidate, Harvard University and Founder at Redbricks Education Foundation:** Renita Handa is a social entrepreneur passionate about bringing a deep and sustainable change within education. Over a career spanning 13+ years, she has developed a rich expertise in the field of Educational Pedagogy, Leadership and Management. As the founder at Redbricks Education Foundation, she has helped the school to shape a unique vision and strategy and to accomplish many milestones towards creating excellence in education.

LinkedIn: <https://www.linkedin.com/in/renita-handa-1982594b/>

## Adult Webinar

### DAY 2: 22<sup>nd</sup> JANUARY 2022, SATURDAY

#### WEBINAR 2:

#### **SEL WITHIN THE INDIAN EDUCATION CONTEXT:** The Need For Social And Emotional Learning In Our Schools

A panel discussion focused on the progress made in SEL within the Indian education system and exploring ideas for the future objective of building SEL friendly schools.

Time	Audience	Facilitators
5:00 to 6:30 pm	Educators, Counselors, School Leaders, Parents and Families, Public and Private Sector Development professionals	<p><b>Experts:</b></p> <ul style="list-style-type: none"> <li>• <b>Maya Menon (Bengaluru)</b>, Director at The Teacher Foundation (TTF)</li> <li>• <b>Richa Gupta (New Delhi)</b>, Ed.M., Harvard University and Co-Founder, Labhya Foundation and part of the Happiness Curriculum team</li> <li>• <b>Shaheen Mistri (Mumbai)</b>, Founder and CEO, Teach for India</li> </ul> <p><b>Moderator:</b></p> <ul style="list-style-type: none"> <li>• <b>Anurima Chatterjee (Ahmedabad)</b>, Senior Education Professional, Redbricks Education Foundation</li> </ul>



#### **Maya Menon (Bengaluru, India),**

**Director at The Teacher Foundation (TTF):** The Founder Director of The Teacher Foundation (TTF), Bengaluru, Ms Maya Menon has been in the field of school education for over 3 decades. Her areas of professional experience include conceptualizing, designing and implementing a wide range of school and teacher-related projects and services – including the development of Standards for Social & Emotional Learning for Indian schools.

Twitter: <https://twitter.com/TTFMaya> | Website: <https://www.teacherfoundation.org/>



**Richa Gupta (New Delhi, India),**

**Co-Founder of Labhya Foundation:** Richa Gupta is an educator and social entrepreneur. She is the co-founder of Labhya Foundation, a globally recognised Indian nonprofit that enables over 2.5 Million children from low socio-economic backgrounds with the necessary skills to cope with the ill-effects of poverty & become lifelong learners through Social-Emotional Learning (SEL) programs, at scale. She and her team were instrumental in developing the 'Happiness Curriculum' implemented in Delhi government schools.

Website: <https://www.labhya.org> | LinkedIn: <https://www.linkedin.com/in/richashivangigupta/>



**Shaheen Mistri (Mumbai, India),**

**Founder of Teach For India:** Shaheen Mistri was born in Mumbai, grew up in five countries around the world and at the age of eighteen, returned to Mumbai to do something about the unequal opportunities that children have in India. In 2008, searching for a way to impact more children and inspired by the Teach For America model, Shaheen founded Teach For India with the audacious vision of providing an excellent education to all children across India by building a movement of leaders committed to ending educational inequity in India.

Website: <https://www.teachforindia.org> | LinkedIn: <https://www.linkedin.com/in/shaheen-mistri/#>



**Anurima Chatterjee (Ahmedabad, India),**

**Sr. Manager - Academic Resource Team at Redbricks Education Foundation:** Anurima has been working with schools and education projects for over 13 years. Her work has largely focused on holistic development of learners, EdTech implementation, teacher training and developing monitoring and evaluation systems. She is currently working on the Social and Emotional Learning project at Redbricks and aims to build and nurture social and emotional competencies of all stakeholders at the school.

## Adult Webinar

**DAY 3: 23<sup>RD</sup> JANUARY 2022, SUNDAY**

### WEBINAR 3:

#### FOSTERING SOCIAL - EMOTIONAL LEARNING DURING EARLY CHILDHOOD

A panel discussion exploring the need and strategies for fostering social and emotional learning during the magical early childhood years (ECCE).

Time	Audience	Facilitators
12:00 pm to 01:00 pm	Preschool Educators and Owners, Parents and Families of young children, Early Childhood (ECCE) professionals	<b>Experts:</b> <ul style="list-style-type: none"><li>• <b>Monisha Singh Diwan (Goa)</b>, International Early Childhood Education and Development Professional; Vice President AECED</li><li>• <b>Jigisha Shastri, Ph.D (Vadodara)</b>, Early Childhood Consultant and Faculty at Azim Premji University</li></ul> <b>Moderator:</b> <ul style="list-style-type: none"><li>• <b>Renita Handa (Ahmedabad)</b>, Ed.M. '22 candidate, Harvard University and Founder at Redbricks Education Foundation</li></ul>





**Monisha Singh Diwan (Goa, India),**

**International ECCD Professional; Vice President AECED:** Monisha Singh Diwan is an International Early Childhood Development (ECD) Professional and the Founder-Director of "Mighty Hearts- an early years consultancy to better childhoods". She is a staunch advocate and champion for ECD & Social Emotional Learning (SEL) as well as continuous learning through professional learning communities & networks.

Website: <http://mightyhearts.xyz> | LinkedIn: <https://www.linkedin.com/in/monishasinghdiwan>

Twitter: [https://twitter.com/monisha\\_diwan](https://twitter.com/monisha_diwan)



**Jigisha Shastri, Ph.D (Vadodara, India),**

**Early Childhood Consultant and Faculty at Azim Premji University:** Jigisha Shastri has been an Early Childhood Care and Education Specialist, since the past 37 years. Her main area of expertise being Early Childhood Development - Curriculum development, Capacity Building for ECE, Emergent literacy, Social competence. In the past, she has worked with Redbricks Education Foundation as an expert consultant for the preschool program.

LinkedIn: <http://linkedin.com/in/jigisha-shastri-41a192a>



**Renita Handa (Ahmedabad, India),**

**Ed.M.'22 Candidate, Harvard University and Founder at Redbricks Education Foundation:** Renita Handa is a social entrepreneur passionate about bringing a deep and sustainable change within education. Over a career spanning 13+ years, she has developed a rich expertise in the field of Educational Pedagogy, Leadership and management. As the founder at Redbricks Education Foundation, she has helped the school to shape a unique vision and strategy and to accomplish many milestones towards creating excellence in education.

LinkedIn: <https://www.linkedin.com/in/renita-handa-1982594b/>

## Adult Webinar

**DAY 3: 23<sup>RD</sup> JANUARY 2022, SUNDAY**

### WEBINAR 4:

#### **SAFETY FIRST!: ENSURING CHILDREN'S PHYSICAL, PSYCHOLOGICAL AND DIGITAL SAFETY IN THE CHANGING TIMES**

A panel discussion focused on creating safe environments during changing times for children of all ages, from the perspectives of physical, psychological and digital safety.

Time	Audience	Panelists
5:00 to 6:15 pm	All Adults, especially parents, educators and school administrators	<p><b>Experts:</b></p> <ul style="list-style-type: none"> <li>• <b>Nimrat Singh, Ph.D (Ahmedabad)</b>, Psychologist and Founder at Tangram-Tracking the Human Mind</li> <li>• <b>Uma Subramanian (Mumbai)</b>, Co-Founder and Co-Director at RATI Foundation</li> <li>• <b>Vineet Kumar (New Delhi)</b>, Global President at the CyberPeace Foundation</li> </ul> <p><b>Moderator:</b></p> <ul style="list-style-type: none"> <li>• <b>Heta Dwivedi (Ahmedabad)</b>, Psychologist and Counselor at Redbricks Education Foundation</li> </ul>



#### **Vineet Kumar (New Delhi, India),**

**Global President at CyberPeace Foundation:** Vineet Kumar is a lauded social entrepreneur and social activist of national and international acclaim. He has amassed 18 years of extensive work experience in the field of internet governance & CyberSecurity, and is the Founder and President of CyberPeace Foundation, Founder of Global Ethical Hackers Association (GEHA), CEO and Chairman of the National Anti-Hacking Group (NAG).

Website: <https://www.cyberpeace.org> | LinkedIn: <http://linkedin.com/in/cybervineet>



**Dr Nimrat Singh, Ph.D (Ahmedabad, India),**

**International Psychotherapist, Author and Emotional Wellness Coach:** Nimrat Singh has extensive counseling, training and consulting experience with schools, colleges, universities and organizations. She has played a significant and pioneering role in formalizing the field of counseling and career guidance in the city of Ahmedabad.

Website: <http://www.tangramhr.com> | LinkedIn: <http://linkedin.com/in/dr-nimrat-singh-a70a612b>



**Uma Subramanian (Thane, India),**

**Co-Founder & Co-Director, RATI Foundation:** Uma is a social worker and has over 15 years of experience of working with the children at risk. Uma conceptualized and co-founded the Aarambh India Initiative which is now housed under the NGO RATI Foundation. She leads the onground case work, training, fundraising activities, strategic planning and advocacy with central systems.

LinkedIn: <https://www.linkedin.com/in/uma-subramanian-6680b65/>



**Heta Dwivedi (Ahmedabad, India),**

**Sr. Psychology Counselor at Redbricks Education Foundation:** Heta is a school psychological counselor who drives her practice with the belief that learning and emotions go hand in hand. She is currently associated with Redbricks Education Foundation where she counsels students across age groups and also extends her support to teachers and parents.



## Adult Workshop

**DAY 2: 22<sup>ND</sup> JANUARY 2022, SATURDAY**

### WORKSHOP 1:

#### VALUING ARTS IN EDUCATION FOR CHILD ORIENTED PEDAGOGY

This workshop will discuss how forms of arts such as drawing, colour, music, movement and drama with suspension of the real allow children to transgress to the imagined. Participants will also see how the possibility of plural responses in a space bereft of singular judgement encourages children to think freely and interpret in sync with their experiences.

Time	Audience	Facilitators
11:00 am to 1:00 pm	Educators, Counselors, School Leaders, Parents and Families, Special Educators, Arts in Education professionals	<b>Asha Singh, Ph.D (New Delhi),</b> Independent Educational Consultant in Arts in Education



**Asha Singh, Ph.D (New Delhi, India),**

**Independent Educational Consultant in Arts in Education:** Asha Singh has extensively worked with teachers of young children using the dramatic medium to propagate the use of theatre as a classroom resource. She uses arts in teaching and pedagogy with anganwadi workers, field functionaries in NGOs like Mobile Crèches, Deepalaya and other grassroots organisations.

LinkedIn: <http://linkedin.com/in/asha-singh-38545b24>

## Adult Workshop

**DAY 2: 22<sup>ND</sup> JANUARY 2022, SATURDAY**

### WORKSHOP 2:

#### **BUILDING CHILDREN'S SEL MUSCLES: A PLAY PERSPECTIVE**

This workshop will help adults learn ways in which they can build children's social and emotional skills through the world of children's play. Adults will learn how to become a gentle guide and encourage children to build their own SEL muscles.

Time	Audience	Facilitators
3:00 to 4:30 pm	Educators, Counselors, School Leaders, Parents and Families, Special Educators, Development Professionals	<b>Nisha Sharma (Pune),</b> Educator, Play Facilitator and Play Advocate



**Nisha Sharma (Pune, India),**

**Educator, Play Facilitator and Play Advocate:** Nisha Sharma has been working with children for around 15 years. The birth of her son made her delve deeper into children's play and realise its potential for holistic development. She is fascinated by the power of play and has founded 'Play First' where she advocates play as a fundamental need and right for children.

Website: <https://www.playfirst.in/> | LinkedIn: <http://linkedin.com/in/nisha-sharma-445a0040>

## Adult Workshop

### DAY 3: 23<sup>RD</sup> JANUARY 2022, SUNDAY

#### WORKSHOP 3:

#### TANGO WITH EMOTIONS

While children grow up, teachers and parents encourage them to communicate with thoughts rather than feelings. But can we really solve problems outside without attending to the weather inside us? This workshop will help us unlearn our communication strategies to help our children learn to understand, accept and communicate and nurture their emotions within them. Come learn to joyfully tango and learn the language of the heart!

Time	Audience	Facilitators
10:30 am to 12:00 pm	Educators, Counselors, School Leaders, Parents and Families, Special Educators	<b>Uma Oza (Ahmedabad),</b> Independent Educational Consultant



#### **Uma Oza (Ahmedabad, India),**

**Educational Consultant:** Uma Oza holds a Masters' degree in English Literature, a Bachelors in Education and has completed Teaching for Understanding and Coaching for Understanding courses from Harvard University. She is a Director at Competitiveness Mindset Institute (USA) and has been working extensively with schools for building teacher and parent capacities.

Linkedin: <https://in.linkedin.com/in/uma-oz-3956213a>

## Adult Workshop

**DAY 3: 23<sup>RD</sup> JANUARY 2022, SUNDAY**

### WORKSHOP 4:

#### EMOTIONAL WELL-BEING FOR UNLIMITED HAPPINESS

This workshop will be conducted primarily in Gujarati and will focus on fostering happiness through emotional well-being for adults. Only emotionally healthy and happy adults can lead to emotionally healthy and happy children!

Time	Audience	Panelists
3:00 to 4:30 pm	All Adults, especially parents and educators	<b>Dr. Darshna Thakker (Ahmedabad),</b> Senior Gynecologist and Internationally licenced HEAL your life teacher and workshop leader; Founder-Health Cafe



**Dr. Darshna Thakker (Ahmedabad, India),**

**Senior Gynecologist and Internationally licenced HEAL your life teacher and workshop leader, Founder Health Cafe:** Dr. Thakker is a senior gynecologist and Obstetrician and is dedicated towards improving women's health care for more than two decades. She is a compassionate clinician, skillful surgeon, aspiring writer, a photographer and a creative soul.

Linkedin: <https://www.linkedin.com/in/drddarshna/>



**Note:**

- Participants can register for attending the webinars and workshops which will be conducted on the Zoom platform.
- The webinars will also be showcased live on Redbricks Facebook Page.
- The workshops have limited capacity and seats will be allotted based on first-come, first serve basis. Login details will be provided after registration confirmation.

## Open for All Ages

There is no prior registration required for these activities. We encourage audiences of all ages and backgrounds to witness these activities on our Facebook page – link below.

<https://www.facebook.com/RedbricksEducationFoundation>

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### DAY 1: 21<sup>ST</sup> JANUARY 2022, FRIDAY

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Time	Activity
5:00 to 5:45 pm	Festival Launch Talk followed by <b>'Art from the Heart'</b> performance by Redbricks School Students

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### DAY 3: 23<sup>RD</sup> JANUARY 2022, SUNDAY

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6:30 to 7:00 pm	Closing reflections followed by <b>'Art from the Heart'</b> performance by Redbricks School Faculty
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## How to Register

### MODE OF SESSIONS AND CAPACITY:

- All the webinars and workshops will be conducted virtually through the Zoom Platform.
- All the workshops have limited capacity and require prior registration. Seats will be allotted on a first come, first serve basis.
- Webinars don't have a capacity limit and will also be showcased live on the Redbricks Facebook page.

### TO REGISTER:

- Participants need to register online for attending all webinars and workshops. There is no cost for attending these sessions.
- A separate form needs to be filled for every participant. Multiple participants cannot register through one form.
- **For the workshops:** Once you have submitted the form, we will inform you of your workshop participation confirmation latest by **15th January 2022**. If confirmed, you will receive an email with the login details for the respective activity.
- **For the webinars:** Once you have submitted your form, your participation is confirmed and we will email you the Zoom login details in advance of the event.
- **For the Interschool activity:** Students need to register as teams through their respective schools. If parents are keen on enrolling their child, they can contact their school or us at [selfest@redbrickseducation.org](mailto:selfest@redbrickseducation.org) with the child's school name for further assistance.



Please click on the form links (see below) or scan the QR code given for registering yourself for webinars/workshops.

### 1. REGISTRATION FORM FOR CHILDREN'S WORKSHOPS:

Link: [bit.ly/3mweb0V](https://bit.ly/3mweb0V)

QR Code:



### 2. REGISTRATION FORM FOR ADULT WEBINARS AND WORKSHOPS:

Link: [bit.ly/32xvqYG](https://bit.ly/32xvqYG)

QR Code:



3. Registration form for Schools for the Inter-school Activity (students can register only through their schools for this activity)

<https://forms.gle/wCW7AWQPfT7Lsq18>

If you need any assistance with Registering, then please write an email to [selfest@redbrickseducation.org](mailto:selfest@redbrickseducation.org)



## About Redbricks School, Ahmedabad

Redbricks School, a part of Redbricks Education Foundation, is a PreK-12, not-for-profit and private school with a strong focus on designing and providing holistic and experiential education. The school is affiliated with the CISCE board, India for high school examinations. At Redbricks, our mission is to contribute towards nation building and global leadership by nurturing responsible and competent future citizens.

To achieve our mission, we believe in designing a child-centric school system focused on providing children with meaningful learning experiences within a compassionate school community. The school's curriculum emphasizes children's holistic development with a special focus on their life skills development. The school follows its own unique life skills program, the Self-Enrichment program, which equips students with the social and emotional competencies required for life and career success. As a future goal, the school would like to create an even stronger school-wide SEL culture.



In the past, Redbricks School has organized various community learning events to showcase and advocate for best practices in education amongst other schools, parents, and larger communities. These include, KATHOTSAVA- A story festival (2012-2014) and READ TO LEAD- A children's literature festival (2016-2019). These festivals provide an opportunity for children, parents and educators to collaborate and learn with experts through experiential learning.





[www.redbrickseducation.org](http://www.redbrickseducation.org) | Email: [info@redbrickseducation.org](mailto:info@redbrickseducation.org)



REDBRICKS SCHOOL - SATELLITE CAMPUS  
Redbricks Education, 1, 3 & 4, Ashok Nagar Bungalows, B/h Sundarvan,  
Satellite, A'bad-15, India. (079) 26925625, (M) 9979500003.  
[www.redbrickseyc.org](http://www.redbrickseyc.org)

**redbricks | school**

REDBRICKS SCHOOL - SANTEJ CAMPUS  
Plot no 1385 & 1386, Near Arjun Farm, Shilaj - Rancharda Road,  
Ahmedabad - 382721, India. (M) 9099900080  
[www.redbricks-school.org](http://www.redbricks-school.org)

**Know more about SEL Fest 2022**



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Event Webpage: [https://redbricks-school.org/SEL\\_Fest.html](https://redbricks-school.org/SEL_Fest.html)  
Share your SEL Voice on this Padlet Wall (for Parents and Educators) : [SEL Voices Link](#)