

CIRCULAR FOR PARENTS

Ref No- 141

Date- 10.12.2022

To: Parents (Class 7-10)

From: The Principal

Subject: Communicate - 'It's perfectly normal' (by Ms. Anuja Amin)

Dear Parents,

To take our commitment forward of providing holistic education to all our students and to partner with you on this mission, we are pleased to invite you to an expert workshop on "Communicate: It's perfectly normal". In the workshop, we will share practical communication tips to help parents and children openly and honestly communicate about sex and sexuality so that children are equipped to deal with physiological and psychological changes.

Please find the details below:

- **Date:** 17th December 2022, Saturday
- **Timings:** 11:30 - 12:45 pm
- **Venue:** AMA (Ahmedabad Management Association, IIM-A Road)
- **Presenter:** Ms. Anuja Amin, Founder- Circles of Safety
 - Anuja Amin is a Post-Graduate in Human Resource Management from the London School of Economics. Her mission of reaching out to children, especially with a traumatic childhood, led her to pursue a Bachelors of Science in Psychology from the University of Nottingham. She founded Circles of Safety, an initiative to educate and empower children, teachers, parents and the community to prevent child sexual abuse.

- **What will be covered:** Practical communication tips to deal with changes of puberty

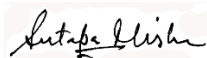
Attendance of **atleast one parent/guardian** is encouraged in the session. Both parents are welcome to attend if they wish to do so.

Please fill this registration form by **14th December, Wednesday** to confirm your presence for the session:

<https://forms.gle/E658m7D3dfKGR1vq8>

We look forward to this informative session which will help all of us build stronger relationships with children.

Best regards,



Sutapa Mishra

Principal

Redbricks School