

Ref No- Cir/RBS - KG/2018-19/No. 27

Date: 15/03/2019

To: All Parents**From:** The Principal**Subject:** Expert Workshop on 'Effective Parenting: Identifying, breaking and changing patterns of behavior'

Dear Parents,

You are cordially invited to attend an expert workshop designed to enhance the parent child relationship through effective communication.

The workshop details are as under:

Workshop Title: 'Effective Parenting: Identifying, breaking and changing patterns of behavior.'**Facilitator:** Ms. Uma Oza, Educational Consultant and Trainer**About the Workshop:**

Do you feel frustrated when you tell or explain something to your child again and again, but the message never gets across? And when you turn to others for help, they say this is the most natural thing in the world? Hmm.... Yes, this is a regular feature in every house! And, yes it is not something abnormal! But, that does not mean your gut feeling, that things could be better, is wrong! In a parent-child relationship, many times the problem is not the message but rather how it is being communicated. Our set views about the world and life, in general, dictate our behaviour towards our children. But repeated failure leads us to the feeling of being trapped or frozen in certain patterns of behaviour that impede real communication.

This workshop is designed to help you identify and overcome such barriers/patterns. Carefully designed and structured theatre games and exercises, enhancing sensitivity in human interaction, will be used to develop your full potential for positive and fruitful communication. Here, we aim to initiate a continuing process of dialogue, reflection and action for creating a change in the special bond between you and your child – a bond that we hope will be guided by these famous words of Benjamin Franklin: "Tell me and I forget, teach me and I may remember, involve me and I learn."

About the Facilitator:

Ms. Uma Oza is a Teacher Educator and a Personal Growth facilitator. She has led 'Process work' and pedagogy, leadership and soft skills workshops in the top CBSE, CISCE and IB schools of the country. She is also a co-founder at 'Kaleidoscope', an initiative that works to change the way learning is perceived and experienced by children and adults.

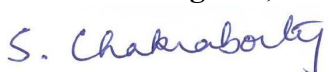
Venue: Ahmedabad Management Association (AMA), ATIRA Campus, Vastrapur**Date:** 23rd March, 2019, Saturday**Timings:** 10:00 am to 11:30 am

We request you to take your seats 10 minutes prior so that the workshop can start on time.

Note: There is no provision to accommodate children in the AMA campus and hence kindly do not bring them for the workshop.

Looking forward to see all the parents there. We invite **only one** parent to attend the workshop. Kindly send your confirmations latest by 19th March, 2019.

Thanking You,

With warm regards,

Sharmistha Chakraborty
Principal – Redbricks Early Years Centre and Pre-school
Redbricks Education Foundation

ACKNOWLEDGMENT SLIP

Workshop on 'Effective Parenting: Identifying, breaking and changing patterns of behavior'

Please submit your confirmation for the workshop to the class teacher/school counselor latest by 19th March, 2019, Tuesday.

Name of the Parent: _____ Child's Name: _____

Class and Section: _____

Confirmation for attending the workshop: Yes No

Parent's Signature: _____

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